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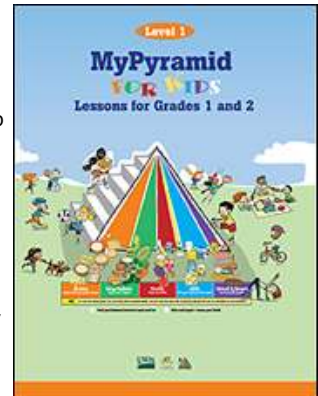
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## Resource Library

### MyPyramid for Kids Classroom Materials

Educational materials developed at the elementary school level to help children learn the *MyPyramid* food guidance system. Lesson plans for teachers are available in three levels: Level 1 (grades 1-2); Level 2 (grades 3-4); and Level 3 (grades 5-6). Classroom materials include the following:

- Teacher's Guide including lesson plans with reproducible worksheets. Also includes: *A Close Look at MyPyramid for Kids*, a step-by-step explanation of the key concepts of the *MyPyramid for Kids* symbol
- CD with the *MyPyramid Blast Off Game*
- *MyPyramid for Kids* poster
- *Tips for Families*
- Fruit and Vegetable Challenge poster packet (Level 1 only)
- CD including the lesson plans, reproducible worksheets, *A Close Look at MyPyramid for Kids*, and *Tips for Families*. **Power Panther songs**, *MyPyramid for Kids* illustrations, and Go Fish game cards (in **black and white** and in **color** [PDF]) are also included.



*Printed:* December 2005

*Distributed:* upon request to elementary schools and child care providers.

*Available:* **To elementary schools and child care providers.**

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[Introduction](#)

[Lesson 1](#)

[Lesson 2](#)

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#### Level 2 Lessons

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