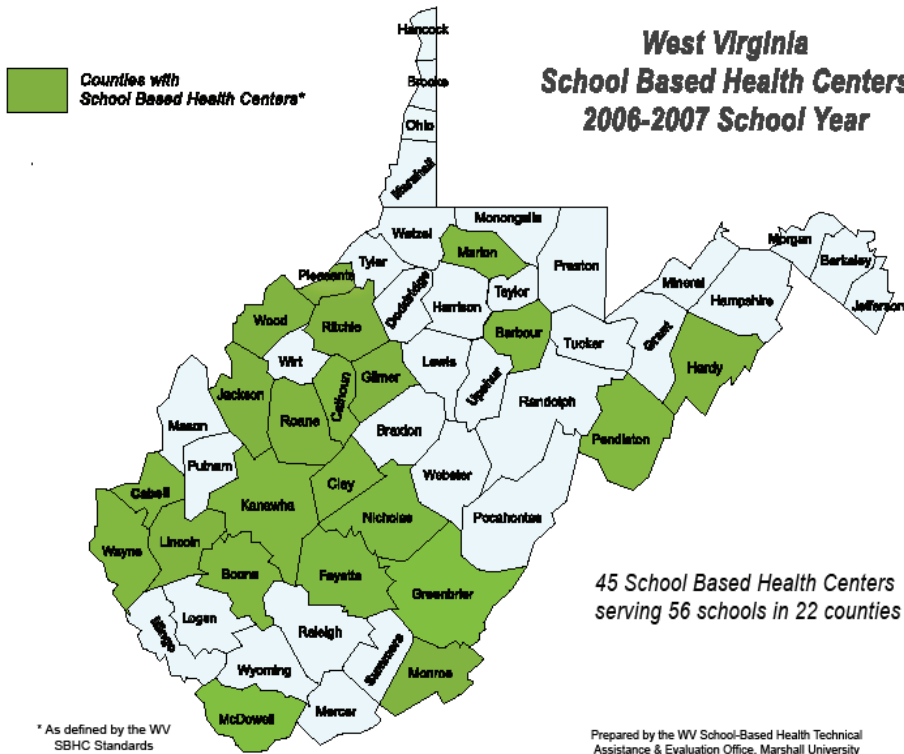


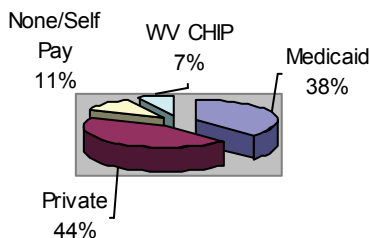
# WV School Based Health Centers 2006-2007

School Based Health Centers (SBHC) bring preventive and primary care including medical, mental health, health education and sometimes dental services to children and adolescents where they are much of the day — in school.



SBHC staff continue in their outreach efforts to identify and enroll eligible students in Medicaid and WV CHIP. The number of students covered by Medicaid who sought treatment at their SBHC increased by 12% when compared to the previous school year.

**SBHC Users by Insurance Status  
2006 - 2007**



*As a health care provider, I feel that I am much more effective working in the school setting. I am able to reach students who would not otherwise get needed care; I see students in their environment; there is better follow up; fewer missed appointments; I can educate teachers about managing a child's medical condition in the classroom; and they often help me to understand a child's academic issues.*

— SBHC Provider

- ◇ 45 SBHCs provided care to students in 56 schools in 22 counties.
- ◇ Over 67,000 student visits for health care were recorded.
- ◇ 80% of all students with a SBHC in their school had parental consent to use their SBHC.
- ◇ 62% of all enrolled students used their SBHC on at least one occasion.
- ◇ Nearly 7,000 additional visits by students from other schools, school staff and community members.
- ◇ 2,933 comprehensive exams that included a risk assessment were provided to students.
- ◇ Over 1,400 students received behavioral health counseling in 9,500 visits.
- ◇ The average visit per user to the SBHC therapist was 6.7 with anxiety as the leading diagnosis.
- ◇ 7,800 students were assessed for weight; , 48% were identified as overweight, or at risk for overweight.
- ◇ 465 students completed their 3-part series Hepatitis-B vaccine.
- ◇ An additional 2,194 other immunizations were given to students.
- ◇ School staff received over 500 immunizations, most of which were for influenza.

## **WV School Based Health Centers 2006-2007**

In an effort to strengthen the quality of care provided in the WV School Based Health Centers, various programs have been implemented and will continue in the upcoming school years. Below is a brief summary of just a few of such programs.

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**Practice Improvement** In 2004, the WV Bureau for Public Health's Division of Primary Care implemented a program effectiveness review tool (WV PERT). The tool is distributed annually to SBHCs for self-assessment and an external evaluation is conducted every three years. Parent, school staff and user satisfaction surveys are also used to monitor quality.

**Weight Management** For the fifth year, the SBHCs used the Body Mass Index (BMI) as part of their health assessment. This year 7,800 or 53% of all student users were assessed for BMI. Many of the SBHCs implemented specific interventions aimed at improving nutrition and increasing physical exercise. These ranged from one on one counseling with registered dieticians to school-wide and student-led awareness campaigns.

**Mental Health** In 25 of the SBHC programs, mental health counseling is offered by a master's level therapist. In addition to individual counseling to students with behavioral health needs, many of the SBHCs implement school-wide prevention and early intervention programs to address behavioral issues such as smoking, substance abuse, assets building, and group education for specific needs such as grief counseling, anger management, social skills, and parenting. To continue improving the quality of care, a SBHC Mental Health Advisory Committee recommended standards for mental health services in WV SBHCs which are now under review.

**Dental Health** The need for dental health care has been recognized for a long time, but lacking resources most SBHCs have not attempted to address the need other than through referral to local dentists. This past year however, six SBHCs offered dental services to a total of 418 students. In Ritchie, Jackson, McDowell and Calhoun counties students received oral health exams, sealants, and restorative care. In Cabell and Wayne counties dental hygienists provided one on one and classroom health education.

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